



PHAMISH

FOOD & WINE BAR

Fresh. Organic. Ethical.

for kids

Breakfast

Kids Brekkie

Scrambled eggs and one rasher of crispy bacon, with sourdough.

9.90

Kids Veggie Brekkie

Avocado, scrambled eggs and tomato, with sourdough. **V**

9.90

Healthy Junior

Fresh seasonal fruit, natural yoghurt, granola and honey. **V**

8.50

Pikelets

with fresh strawberries, blueberries and honey. **V**

8.50

Toast with Nutella

7.00

Dessert

Trio of sorbet and seasonal fruit

12.50

Chocolate fondant

with vanilla bean ice-cream, crème anglaise and poached pear.

15.00

Fruit Salad

Seasonal fruit with natural yoghurt, sprinkled with chia seeds.

11.00

Drinks

Traditional

Coke | Diet Coke | Lemonade | Fanta Orange

4.50

Milkshakes

Chocolate | Caramel | Vanilla | Strawberry

7.50

House-pressed juice

Choose your own combination of up to four fruits and/or vegetables

8.00

Coconut Water 100% pure

4.00

Watermelon Water 100% pure

4.50

See also our Main Menu for more options, including health drinks.

Mains

Chicken & Salad

Grilled organic chicken, with potato salad and broccolini.

11.50

Veggie Burger

Potato, pea and zucchini pattie, with American mustard and tomato sauce. **V**

11.50

Home made Fish Fingers & Chips

Fish of the day with fries and tomato sauce.

9.90

Garlic Grilled King Prawns

with fries and chunky tomato cucumber salad.

15.00

Calamari & Chips

15.00

Kids Steak

with confit potatoes and honey Dutch carrots.

15.00

Sides

Chunky chips with tomato sauce

8.50

Sweet Potato fries

10.50

Green salad

8.50

Potato salad

10.50

Honey Dutch carrots

7.50

Broccolini with toasted almonds and balsamic reduction

11.00

Hey Kids!

*Did you know you can eat FREE
on your birthday!!*

*Speak to our friendly staff
to find out more.*